

# Washington Regional Alcohol Program's

# TIPS FOR PARENTS

Parental Involvement to Deter Underage Drinking this Summer



## Talk with Your Teen

Studies time and time again have confirmed that parents can have a significant -if not most significant- impact as to whether their teens will engage in risky behaviors including the use of alcohol

Create clear family rules and expectations by setting a "no alcohol" rule and supporting a "zero tolerance" environment.

**Know the facts.** Underage drinking can lead to substantial harm including traffic crashes, violent crime, property crime, unintentional injury and at-risk sex.

## Numbers Don't Lie

In 2014, National Highway Traffic Safety Administration data shows that 26% of young drivers, 15-20 years old, who died in motor vehicle crashes, had been drinking\*

Young drivers, who were killed in crashes and who had been drinking had BACs of .08 g/dL or higher\*

21%



Motor vehicle crashes still remain the leading cause of death of young people in the U.S. Make sure they drive safely and not impaired.

## Underage Drinking Facts

### BEWARE of Your Civil Liability

In D.C., MD and VA, it's unlawful for parents to allow their children's friends to consume alcohol in their home. If these same "friends" are later involved in a crash, the providing parents may be responsible for injuries, property damages and wrongful death. These parents could also face criminal charges.



Drinking alcohol negatively impacts the developing youth brain and body. Consequently, it can lead to poor decision making, blackouts, alcohol poisoning and other dangerous outcomes.

If you are under the age of 21, it is **ILLEGAL** to possess, consume or purchase alcohol. Such could result in fines, license revocation and even jail.



For more information: <http://www.wrap.org/pdfs/2016TeenTipsPR.pdf>

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\*Data provided by the National Highway Traffic Safety Administration's 2014 "Young Drivers" Traffic Safety Facts

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